

# NASSAU FREE LIBRARY NEWSLETTER

"THE HEART OF THE COMMUNITY"

MARCH 2015

## Programs

**\*Please register for all programs. 766-2715**

### Living Healthy with High Blood Pressure



**Wed., Mar. 4<sup>th</sup>, 5:30pm**

This is an interactive, educational session for people diagnosed with high blood pressure. Topics covered include: What is High Blood Pressure, Problems with Salt Intake, and Knowing Your Numbers.



### Teen Movie Night

**Thurs., March 5<sup>th</sup>, 6-8pm**

#### The Maze Runner

PG-13. Popcorn and drinks will be served. All teens and tweens age 11+ are welcome!

### Social Media Class

**Mon., Mar. 9<sup>th</sup>, 5pm**



This session will get you set up with

Facebook, Twitter, Instagram, and Pinterest. Instructed by Sarah McFadden, Educator, Cornell Coop. Ext. of Rensselaer County. (Open to Adults and Teens.)



### Candy Bar Bingo

**Tues., Mar. 10<sup>th</sup>, 6pm**

Bring a candy bar and play a game of Bingo to win a sweet prize.

### Memoir Writing and Reading with Mary Shartle

**Sat., Mar. 21<sup>st</sup>, 12 - 2pm**

Aspiring writers are encouraged to participate in a new writing group. The first session features novelist and writing teacher, Mary Shartle.

### Lego Club

**Tues., Mar. 17<sup>th</sup> 6pm**



Join us for *St. Patrick's Day* themed building projects and Lego Bingo! Projects will be displayed at the library. (All ages welcome.)

### VOLUNTEEN Meet Up

**Thurs., Mar. 19<sup>th</sup> 6:30-8pm**

Join us for Video Trivia, Wii games, future projects, and the Volunteer Book/Movie Club book. Teens and Tweens age 11+ are welcome. Refreshments provided. RSVP.



### Family Movie Night!

**Fri., Mar. 27<sup>th</sup>, 6 - 7:45pm**

Join us for the latest take on the classic American musical comedy-drama "Annie". Popcorn and drinks served. PG



### Protecting Against Identity Theft

**Tues., Mar. 31<sup>st</sup>, 6pm**

Learn how to prevent identity theft by addressing current scams/tactics. Instructed by Melanie Grossman, NYS Division of Consumer Protection.



### Story-time

**Every Wednesday 10:30am**

Join Colene for stories, songs, and crafts geared toward our youngest friends.

#### March themes include:

- 4 Post Office/Mail
- 11 St. Patrick's Day
- 18 Nursery Rhymes
- 25 Shapes

## NEW ITEM HIGHLIGHTS

### Fiction

The Nightingale - *Kristin Hannah*  
Trust No One - *Jayne Ann Krentz*  
A Spool of Blue Thread - *Anne Tyler*  
Crazy Love You - *Lisa Unger*  
Robert B. Parker's Cheap Shot - *Ace Atkins*

### Mystery-

Crash & Burn - *Lisa Gardner*  
The Girl on the Train - *Paula Hawkins*  
The Perfect Witness - *Iris Johansen*  
Betrayed - *Lisa Scottoline*

### Nonfiction

Your Water Footprint - *Stephen Leahy*  
The Oh She Glows Cookbook - *Angela Liddon*  
The Undertaker's Daughter - *Katherine Mayfield*  
Gateway to Freedom - *Eric Foner*  
The Cause of All Nations - *Don Harrison Doyle*

### Picture Books

How Do Dinosaurs Stay Safe? - *Jane Yolen/Mark Teague*  
Ninja - *Arree Chung*  
Time for Bed, Fred! - *Yasmeen Ismail*

### Junior Fiction

The Perfect Place - *Teresa Harris*  
39 Clues: Mission Titanic - *Jude Watson*  
The Only Game - *Mike Lupica*

### Junior Nonfiction

Wangari Maathai - *Franck Prevot, Aurelia Fronty*

### Young Adult-

Endgame - *James Frey*  
If You're Reading This - *Trent Reedy*  
Dark Triumph - *Robin Laveers*

## Meetings

**Friends Meeting:** Mon., Mar. 2<sup>nd</sup>, 7pm. Non-members welcome!

**Book Group II:** Tues., Mar. 3<sup>rd</sup>, 6:30pm

**Library Board Meeting:** Wed., Mar. 18<sup>th</sup>, 7pm

**Book Group I:** Tues., Mar. 24<sup>th</sup>, 7pm

**Vegetarian Club:** Wed., Mar. 25<sup>th</sup>, 6pm