



NASSAU FREE LIBRARY

PO Box 436 | 18 Church Street | Nassau, New York 12123 | 518-766-2715 | www.nassaufreelibrary.org

“The Heart of the Community”

May Newsletter 2019

SPECIAL EVENTS

VILLAGE OF NASSAU BICENTENNIAL

(SEMI) ACOUSTIC OPEN MIC AT VILLAGE COMMONS

Saturday 5/18 2-6pm

Enjoy the talents of your friends & neighbors as The Nassau Free Library brings its Open Mic outdoors to The Gazebo at Village Commons. All musicians, comedians, raconteurs, and poets are welcome. Sign up begins at 1:00pm. Minimum age of 12. Acoustic instruments are ideal, but electric instruments with amps may be used with the approval of the venue. Microphones and a PA are provided by the venue. More info: gpat12123@yahoo.com
Rain site: Nassau Reformed Church

SAVE THE DATES

THE FRIENDS BOOK & BAKE SALE

Friday June 7 & Saturday June 8



SUMMER READING

KICK-OFF PARTY

Thursday June 27 6-8pm

MEETINGS

Friends Meeting: Mon. 5/6 6:30 pm

Board Meeting: Wed. 5/15 7pm

Book Group I: Tues. 5/28 7pm

LIBRARY PROGRAMS

Please register for all programs.

518-766-2715

STORYTIME



Every Wednesday 10:30am

Join Tracey for stories, songs & crafts geared towards our youngest friends.

**VISIT US ON FACEBOOK and
the web at**

www.nassaufreelibrary.org

FITNESS FUSION

Thursday 5/2, 5/16 & 5/30 6pm

Coby Scaccia's Fitness Fusion includes a blend of Yoga, Pilates, toning exercises, cardio and Qi Gong (Tai Chi). All abilities welcome. \$5/class suggested donation.

BEGINNER'S YOGA

Saturday 5/4, 5/18, 5/25 10:30 am

Suzannah Winn will introduce the benefits of Yoga for health, mind, body, and spirit. \$5/class suggested donation. Bring a yoga mat if you have one. RSVP.

BOOK DISCUSSION:

DRAWDOWN: THE MOST COMPREHENSIVE PLAN EVER PROPOSED TO REVERSE GLOBAL WARMING edited by Paul Hawkins

Tuesday 5/7 6:30pm

Be part of the discussion of this book and a streaming of the TED Talk of the DRAWDOWN Project findings. Read the eBook through Overdrive or check the book or audiobook out from the library.

MINECRAFT

Tuesday 5/14 6-7pm

Connect with fellow Minecraft fans! Bring your own device or call the library to reserve a device.

EATING FOR PERSONAL & PLANETARY HEALTH

Friday 5/17 6:30-8pm

Are you curious how to eat healthier? Do you care about the planet? This class will teach you the basics of whole food, plant-based diet and how a shift away from eating animal products is good for you and for the planet. You will learn how to get protein, calcium, and iron and family-friendly recipes that will make the transition an adventure. Executive Chef Mary Lawrence will present, as well as bring us quick & easy recipes and food samples to taste. RSVP.

KNITTING CIRCLE

Monday 5/20 6-8pm

Come and knit with friends! We'll make dish cloths and other quick & easy knits.

LEGO CLUB

Tuesday 5/21 6-7pm

Join us for a fun hour of building, Lego bingo & snack! All ages.

UKULELE LESSONS AT THE LIBRARY

Wed. 5/22, 5/29, 6/5 & 6/12 6-7:30pm

This four session introductory class is designed to get you started on the ukulele, provide you with just enough information to set you on a path to ukulele mastery, or just enough information for fun! What to bring: a ukulele, a notebook, folder & pencil. It is recommended that you bring a basic clip on chromatic tuner to class. The class is free, but a suggested donation of \$20 to the library will help to offset the cost of the program. Please call the library with any questions and to register. A full attendance commitment for all 4 sessions is required for registration. Ages 12+

FAMILY MOVIE NIGHT

Lego Movie 2: The Second Part

Friday 5/24 6-8pm

Kick off the weekend by coming to the library to watch the newest Lego Movie! PG

VOLUNTEEN

MEET UP

Friday 5/31 6-8pm

If you are 11 years or older and looking for a fun volunteering experience this summer, become a Volunteer! Learn about the Volunteer program, help with Summer Reading prep, play Minute to Win It Games & eat pizza! RSVP



VISIT OUR SEED LIBRARY

The Seed Library will now be available for community

members at the Nassau Free Library. The library is designed to give anyone interested in organic gardening, seeds to start. All that is required to acquire 5 packets of seeds is a library card!